

Module code: MOD002515	Version: 17 Date Amended: 24/Oct/2024
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1. Module Title
Diagnosis and Formulation in Mental Health

2a. Module Leader
Debora Antoniotti de Vasconcelos e Sa

2b. School
School of Psychology, Sport and Sensory Sciences

2c. Faculty
Faculty of Science and Engineering

3a. Level
5

3b. Module Type
Standard (fine graded)

4a. Credits
15

4b. Study Hours
150

5. Restrictions			
Type	Module Code	Module Name	Condition
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
Courses to which this module is restricted:	None		

LEARNING, TEACHING AND ASSESSMENT INFORMATION

6a. Module Description

You will be introduced to diagnosis and formulation in mental health, as well as a variety of mental health problems including anxiety, depression, psychosis and post-traumatic stress disorder. You will develop your knowledge of diagnostic classification of mental health problems and establish an understanding of theoretical explanations of mental health problems through formulation. You will also review current knowledge of aetiological factors in mental health problems, including biological, psychological and sociocultural factors. You will be taught the importance of understanding the individual beyond diagnosis, through applying formulation to case studies.

6b. Outline Content

- Diagnosis and formulation in mental health - Anxiety disorders - Depressive disorders - Psychotic disorders - Post Traumatic Stress Disorder

6c. Key Texts/Literature

The reading list to support this module is available at: <https://readinglists.aru.ac.uk/>

6d. Specialist Learning Resources

None

7. Learning Outcomes (threshold standards)

No.	Type	On successful completion of this module the student will be expected to be able to:
1	Knowledge and Understanding	Demonstrate knowledge and understanding of mental health problems and their classification according to the classification systems (ICD-11 and DSM-5).
2	Knowledge and Understanding	Demonstrate knowledge and understanding of the different theoretical approaches in the formulation of mental health problems.
3	Intellectual, practical, affective and transferrable skills	Apply a model of formulation to develop a critical understanding of case studies
4	Intellectual, practical, affective and transferrable skills	Critically evaluate different approaches to understanding the aetiology of mental health problems.

8a. Module Occurrence to which this MDF Refers

Year	Occurrence	Period	Location	Mode of Delivery
2026/7	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	23	1-4	22 x 1 hour lectures plus 1 hour lecture in TW 12
Other teacher managed learning	3	1-4	3 x 1 hour seminars
Student managed learning	124	1-4	6 hours reading per week (11 weeks); 9 hours preparing for seminars; 20 hours preparation for the coursework assessment; 29 hours reading and preparing for exam
TOTAL:	150		

9. Assessment for the above Module Occurrence					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Coursework	1-4	100 (%)	Fine Grade	30 (%)
Case study 1750 words					

In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*). In addition, students are required to: (a) achieve the qualifying mark for each element of fine graded assessment as specified above (b) pass any pass/fail elements [* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]
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