



Module Definition Form (MDF)

Module code: MOD003191	Version: 2 Date Amended: 17/Jul/2025
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1. Module Title
The Psychology of Everyday Life

2a. Module Leader
Michael Ferrandino

2b. School
School of Psychology, Sport and Sensory Sciences

2c. Faculty
Faculty of Science and Engineering

3a. Level
4

3b. Module Type
Standard (fine graded)

4a. Credits
15

4b. Study Hours
150

5. Restrictions			
Type	Module Code	Module Name	Condition
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
Courses to which this module is restricted:	None		

LEARNING, TEACHING AND ASSESSMENT INFORMATION

6a. Module Description

This module provides specialists and non-specialists in psychology with a psychological perspective on various issues of everyday life. During the module, we look at a number of topical issues in order to demonstrate how psychology can provide insight into people's behaviour, and how we benefit from a scientific psychological approach.

Students will be encouraged to question 'common sense' views of the world and use evidence to draw conclusions about questions of human behaviour. The module will enable students to develop skills in the management and organisation of information and the use of library and internet resources, as well as the opportunity to develop their written communication skills.

6b. Outline Content

The module content will cover a range of topics typical in an introductory Psychology course, but with a specific focus on application to everyday life.

6c. Key Texts/Literature

The reading list to support this module is available at: <https://readinglists.aru.ac.uk/>

6d. Specialist Learning Resources

Students should make use of the university's specialist library resources (e.g., journal articles) in order to expand their knowledge and understanding of the subject area. This also introduces students to the nature of independent learning.

7. Learning Outcomes (threshold standards)

No.	Type	On successful completion of this module the student will be expected to be able to:
1	Knowledge and Understanding	Appreciate the scientific nature of the discipline of psychology.
2	Knowledge and Understanding	Demonstrate insight into the psychological processes which influence human behaviour.
3	Intellectual, practical, affective and transferrable skills	With guidance, apply psychological knowledge to specific issues.
4	Intellectual, practical, affective and transferrable skills	Communicate effectively in a format appropriate to the discipline using correct terminology.

8a. Module Occurrence to which this MDF Refers

Year	Occurrence	Period	Location	Mode of Delivery
2025/6	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	23	1-4	22 x 1 hour lectures plus 1 hour lecture in TW 12
Other teacher managed learning	6	1-4	6 x 1 hour seminars
Student managed learning	121	1-4	6 hours reading per week for 11 weeks; 9 hours seminar preparation; 46 hours assessment preparation
TOTAL:	150		

9. Assessment for the above Module Occurrence					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Coursework	1-4	100 (%)	Fine Grade	30 (%)
Research Summary 750 words					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
011	Practical	1-4	0 (%)	Pass/Fail	100 (%)
In-Class Presentation (750 word equivalent)					

In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*).

In addition, students are required to:

(a) achieve the qualifying mark for each element of fine graded assessment as specified above

(b) pass any pass/fail elements

[* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]