

Module code: MOD005677	Version: 9 Date Amended: 18/Jun/2020
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1. Module Title
Coaching Philosophy and Ethics

2a. Module Leader
Katrina McDonald

2b. School
School of Psychology, Sport and Sensory Sciences

2c. Faculty
Faculty of Science and Engineering

3a. Level
6

3b. Module Type
Standard (fine graded)

4a. Credits
15

4b. Study Hours
150

5. Restrictions			
Type	Module Code	Module Name	Condition
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
Courses to which this module is restricted:	BSc (Hons) Sport Coaching and Physical Education		

LEARNING, TEACHING AND ASSESSMENT INFORMATION

6a. Module Description

In this module we will examine the underpinning nature of coaching philosophy and its application in a variety of applied situations. The module has key focuses which are for you to understand your own coaching philosophy but also how it is applied in your coaching. It also promotes skills important for employment such as communication, application, listening and the expression of one's views supported with literature and evidence. We will examine the complex nature of coaching and how a coach works within the real world, with real-life sporting situations being utilised through a series of lectures and debate-based seminars. The learning activities will allow you to analyse particular problems and express solutions. The development of your ability to examine specific ideas, analyse them and then present back the resolution is an important skill that as a graduate you will need in the working world.

6b. Outline Content

- Developing an understanding of mentoring
- A critical understanding of the coach and their actions
- Researching and communicating evidence to support different view points
- A critical understanding of the coaching environment and the coach
- Ethical awareness in the coaching and teaching domain

6c. Key Texts/Literature

The reading list to support this module is available at: <https://readinglists.aru.ac.uk/>

6d. Specialist Learning Resources

None

7. Learning Outcomes (threshold standards)

No.	Type	On successful completion of this module the student will be expected to be able to:
1	Knowledge and Understanding	Critically analyse the concept of ethical coaching;
2	Knowledge and Understanding	Understand coaching philosophy and its application to coaching
3	Intellectual, practical, affective and transferrable skills	Critically appraise coaching research and theory

8a. Module Occurrence to which this MDF Refers				
Year	Occurrence	Period	Location	Mode of Delivery
2026/7	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	18	1,2,3	Lecture: 3 hr x 6 weeks
Other teacher managed learning	18	1,2,3	Seminars: 5 weeks of 3 hours Including group work, problem based seminars and debate preparation in teams.
Student managed learning	114	2,3	Student managed learning hours for the background reading needed for active learning sessions and the production of assessed work
TOTAL:	150		

9. Assessment for the above Module Occurrence					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Practical	1-3	100 (%)	Fine Grade	30 (%)
Debate (Equiv. 2500 words)					

In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*).

In addition, students are required to:

- (a) achieve the qualifying mark for each element of fine graded assessment as specified above
- (b) pass any pass/fail elements

[* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]