

Module code: MOD006232	Version: 1 Date Amended: 01/May/2018
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1. Module Title
Principles of Dramatherapy

2a. Module Leader
Stavroulla Demetriou

2b. School
Cambridge School of the Creative Industries

2c. Faculty
Faculty of Arts, Humanities, Education and Social Sciences

3a. Level
5

3b. Module Type
Standard (fine graded)

4a. Credits
15

4b. Study Hours
150

5. Restrictions			
Type	Module Code	Module Name	Condition
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
Courses to which this module is restricted:			

LEARNING, TEACHING AND ASSESSMENT INFORMATION

6a. Module Description

This module is an introduction to the theory and practice of dramatherapy, as practised by registered professionals in the UK. It does not train you to be a therapist, but will equip you with knowledge of the field and some introductory skills that are useful in considering dramatherapy as a vocation. The module will introduce you to the clinical field and inform you about the principles of dramatherapy and other related professions, such as work in applied theatre, teaching and nursing.

You will be taught through experiential workshops, which will be linked to theoretical seminars and also a possible field trip. Audio-visual presentations will enable clinical work to be viewed in process. Through these activities you will be able to evaluate, develop and analyse your potential in this discipline and explore the application of arts media to therapeutic situations.

The knowledge gained on this module can be applied in other modules; it may involve improvisation, role-play or performance, and can contribute to a basic understanding of groups and how they function.

6b. Outline Content

- Introduction to various dramatherapy approaches and principles;
- Developing knowledge of the role of the therapist in a variety of settings through presentations by dramatherapists, and sometimes a field trip;
- Reflection on dramatic skills, and how these are linked to working in groups through improvisation, role-play and sharing sometimes personal experiences;
- Analysis of the use of character interpretation, role-play, improvised performance, myth and story-telling in dramatherapy;
- Introduction to the professional practice of dramatherapy from a vocational point of view, and its relationship with other arts therapies, occupational therapy, teaching and nursing.

6c. Key Texts/Literature

The reading list to support this module is available at: <https://readinglists.aru.ac.uk/>

6d. Specialist Learning Resources

Dedicated workshop/rehearsal spaces.

7. Learning Outcomes (threshold standards)		
No.	Type	On successful completion of this module the student will be expected to be able to:
1	Knowledge and Understanding	Demonstrate in practice an understanding of the role of a dramatherapist in a workshop setting.
2	Knowledge and Understanding	Show an understanding in practice of the role of drama as applied in clinical settings, drawing upon the experiential components of the module and independent research.
3	Intellectual, practical, affective and transferrable skills	Discuss and reflect upon the use of dramatic improvisation in groups with therapeutic intent, and personal responses to this in a group.
4	Intellectual, practical, affective and transferrable skills	Use case work in dramatherapy to inform your own practice in assessed group work.

8a. Module Occurrence to which this MDF Refers				
Year	Occurrence	Period	Location	Mode of Delivery
2026/7	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	0	N/A	N/A
Other teacher managed learning	24	1-4	Seminars and workshops: 12 x 2-hours
Student managed learning	126	1-4	Independent study and collaborative rehearsal
TOTAL:	150		

9. Assessment for the above Module Occurrence

The assessment for some modules includes a presentation (see below for details on how this particular module is assessed). We recognise that presenting, especially to a large group, can cause significant anxiety or distress for some students. If this may affect you, please contact your Module Leader or the Disability and Neurodiversity Service as early as possible. We will work with you to consider appropriate reasonable adjustments. Depending on your individual needs, these might include, for example, presenting to a smaller group or presenting only to a member of academic staff.

Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Practical	1-4	100 (%)	Fine Grade	30 (%)

Individually marked group piece exploring dramatic improvisation in a therapeutic context (maximum 20-minutes).

In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*).

In addition, students are required to:

- (a) achieve the qualifying mark for each element of fine graded assessment as specified above**
- (b) pass any pass/fail elements**

[* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]