

<b>Module code: MOD006615</b>		<b>Version: 2    Date Amended: 14/Jan/2020</b>	
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<b>1. Module Title</b>	
Mentoring and Learning in Coaching	

  

<b>2a. Module Leader</b>	
Harley-Jean Simpson	

  

<b>2b. School</b>	
School of Psychology, Sport and Sensory Sciences	

  

<b>2c. Faculty</b>	
Faculty of Science and Engineering	

  

<b>3a. Level</b>	
6	

  

<b>3b. Module Type</b>	
Standard (fine graded)	

  

<b>4a. Credits</b>	
15	

  

<b>4b. Study Hours</b>	
150	

  

<b>5. Restrictions</b>			
<b>Type</b>	<b>Module Code</b>	<b>Module Name</b>	<b>Condition</b>
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
<b>Courses to which this module is restricted:</b>	BSc (Hons) Sports Coaching and Physical Education		

## LEARNING, TEACHING AND ASSESSMENT INFORMATION

### 6a. Module Description

This module focuses on the mentoring of another person, engaging with the literature on learning and education of sport coaches and their professional development. The module will allow you to gain a greater understanding of how professionals learn and how they engage with continuing professional development (CPD). You will work as a mentor to a coach, applying the knowledge you have gained to a practical setting. This module therefore promotes skills important for employment such as communication, listening, working with others and lifelong learning. You will work with a mentee (which could be a level 5 student) and go through a programme of mentoring, making an agreement, meeting your mentee, designing tools to help understand your mentees' current coaching/ teaching standard, and setting goals to develop it.

### 6b. Outline Content

Developing an understanding of mentoring

A critical understanding of the coaching environment and a coaches development

Coach education and continuing professional development

Coach learning

### 6c. Key Texts/Literature

The reading list to support this module is available at: <https://readinglists.aru.ac.uk/>

### 6d. Specialist Learning Resources

None

## 7. Learning Outcomes (threshold standards)

No.	Type	On successful completion of this module the student will be expected to be able to:
1	Knowledge and Understanding	Demonstrate a critical awareness of coach development
2	Knowledge and Understanding	Demonstrate an in-depth understanding of coach learning and education
3	Intellectual, practical, affective and transferrable skills	Demonstrate the skill of effective mentoring, based upon theoretical concepts

### 8a. Module Occurrence to which this MDF Refers

Year	Occurrence	Period	Location	Mode of Delivery
2025/6	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	16.5	1-2	Lecture 1.5 hr x 11 weeks
Other teacher managed learning	16.5	2-3	Seminar 1.5 hr x 11 weeks
Student managed learning	117	3	Student managed learning hours for the background reading needed for active learning sessions and the production of assessed work
TOTAL:	150		

9. Assessment for the above Module Occurrence					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Coursework	1-3	100 (%)	Fine Grade	30 (%)
Portfolio of Mentoring work (Equiv. 2000 words)					

<p>In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*).</p> <p>In addition, students are required to:</p> <p>(a) achieve the qualifying mark for each element of fine graded assessment as specified above</p> <p>(b) pass any pass/fail elements</p> <p>[* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]</p>
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