Module code: MOD007053	Version: 7 Date Amended: 27/May/2025

1. Module Title

Mind and Behaviour

2a. Module Leader

Elena Sakkalou

2b. School

School of Psychology, Sport and Sensory Sciences

2c. Faculty

Faculty of Science and Engineering

3a. Level

4

3b. Module Type

Standard (fine graded)

4a. Credits

30

4b. Study Hours

300

5. Restrictions

Type	Module Code	Module Name	Condition
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
Courses to which this module is restricted:	BSc Psychology, BSc Psychology with Clinical Psychology; BSc Applied and Clinical Psychology		

LEARNING, TEACHING AND ASSESSMENT INFORMATION

6a. Module Description

Here you will gain an overview of the theoretical, philosophical and historical foundations that underpin the discipline of psychology, You will then learn and analyse the current model used to understand mind and behaviour, specifically cognitive psychology and cognitive neuroscience.

You will start by exploring the history of psychology and the theoretical foundations of psychology by looking at a number of key areas:

Behaviourism: Focus on behaviour

Psychoanalysis: Focus on the unconscious

Humanistic psychology: Focus on the person

Biological Psychology: Focus on the physical

You will then focus on the final key area: cognitive psychology and cognitive neuroscience.

Our experience of the world is an interpretation based on many cognitive processes being carried out by the brain. Because these processes are so automatic, and their outcome so convincing, people are often not aware that what they are experiencing is merely an interpretation, and as such can be inaccurate. This section of the module will challenge you to think more clearly about this, and consider the ways in which the brain constructs its interpretation of the world, and the ways in which this interpretation can be misleading You will also be introduced to the fundamentals of neuroscience and how this informs our understanding of cognitive psychology.

6b. Outline Content

History of psychology and the development of key ideas and theories in psychology; introduction to key theoretical perspectives in psychology:

1. Behaviourism: Focus on behaviour

2. Psychoanalysis: Focus on the unconscious

3. Humanistic psychology: Focus on the person

4. Biological Psychology: Focus on the physical

5. Cognitive Psychology: Focus on the mind.

Cognitive psychology will be explored in greater depth and integrated with the biological material to provide some introductory cognitive neuroscience. Key areas explored include: perception, memory, language, decision making, thought, problem solving

6c. Key Texts/Literature

The reading list to support this module is available at: https://readinglists.aru.ac.uk/

6d. Specialist Learning Resources

Access to specialist journal resources. Each student will require access to a PC equipped with SPSS, as well as standard software such as Microsoft Word and Excel.

7. Learning Outcomes (threshold standards)

No.	Type	On successful completion of this module the student will be expected to be able to:
1	Knowledge and Understanding	Demonstrate an understanding of the key perspectives introduced in the module.
2	Knowledge and Understanding	Show an awareness of the historical development of key concepts and theories.
3	Intellectual, practical, affective and transferrable skills	Integrate and summarise information from across the range of theories and concepts in the module.
4	Intellectual, practical, affective and transferrable skills	Be able to communicate scientific ideas clearly to non-specialists.

8a. Module Occurrence to which this MDF Refers

Year	Occurrence	Period	Location	Mode of Delivery
2025/6	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence

Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	45	1-4	4 x 1hr lectures x 11 weeks plus 1 hour lecture in TW 12
Other teacher managed learning	12	1-4	2hr practical sessions x 6
Student managed learning	243	1-4	Preparing for lectures, seminars and practical sessions, individual and group learning activities as directed by the module team and preparing assessments.
TOTAL:	300		

9. Assessment for the above Module Occurrence					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Coursework	1-2	60 (%)	Fine Grade	30 (%)

3 Components - 3 x MCQs

Assessment components for Element 010				
Component No.	Assessment Title	Submission Method	Weighting (%)	Components needed for Mark Calculation?
010/1	MCQ1	Scheduled Activity: Timetabled assessment task	34 (%)	All
010/2	MCQ2	Scheduled Activity: Timetabled assessment task	33 (%)	
010/3	MCQ3	Scheduled Activity: Timetabled assessment task	33 (%)	

Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
011	Coursework	3-4	40 (%)	Fine Grade	30 (%)

Essay (1500 words)

In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*).

In addition, students are required to:
(a) achieve the qualifying mark for each element of fine graded assessment as specified above
(b) pass any pass/fail elements

[* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]