

<b>Module code: MOD007157</b>		<b>Version: 5   Date Amended: 10/May/2023</b>	
<b>1. Module Title</b>			
Introduction to Sports Coaching and Development			
<b>2a. Module Leader</b>			
Harley-Jean Simpson			
<b>2b. School</b>			
School of Psychology, Sport and Sensory Sciences			
<b>2c. Faculty</b>			
Faculty of Science and Engineering			
<b>3a. Level</b>			
4			
<b>3b. Module Type</b>			
Standard (fine graded)			
<b>4a. Credits</b>			
30			
<b>4b. Study Hours</b>			
300			
<b>5. Restrictions</b>			
<b>Type</b>	<b>Module Code</b>	<b>Module Name</b>	<b>Condition</b>
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
<b>Courses to which this module is restricted:</b>	Sport Coaching and PE; Sport and Exercise Science, Strength and Conditioning with rehabilitation		

## LEARNING, TEACHING AND ASSESSMENT INFORMATION

### 6a. Module Description

Understanding the sporting landscape is the starting point for any professional working in sport. This module. This module introduces students to the key theoretical and practical concepts of sport coaching and development. Delivered through a series of lectures, seminars, practicals, as well as industry based guest lectures and a field trip to a major sport location. The module examines the role of key organisations that oversee and deliver sport in the UK (and abroad) as well as an appreciation of the broader sporting context in which sport practitioners operate. By the end of the module, you will have developed an appreciation of the coaching process in terms of the pedagogical, managerial, behavioural and ethical components which enable good practice. As well as the module specific knowledge, you will also further enhance your key employability skills of written communication and your awareness of the options available for career pathways.

### 6b. Outline Content

Overview of the sporting landscape: key organisations and functions

- Models of sport development: beyond the sport development continuum
- Government involvement in sport
- Community and Local Authority sport
- Sport Participation: Sport England and grassroots delivery
- High Performance sport: key agencies roles and functions
- The Olympic and Paralympic Movement
- Professional/ commercial sport
- The coaching process
- Principles of coaching
- How coaching theory informs coaching practice in context, through different practical experiences
- Introduce practical coaching capabilities
- Approaches to coaching, teaching and learning

### 6c. Key Texts/Literature

The reading list to support this module is available at: <https://readinglists.aru.ac.uk/>

### 6d. Specialist Learning Resources

Sports hall

7. Learning Outcomes (threshold standards)		
No.	Type	On successful completion of this module the student will be expected to be able to:
1	Knowledge and Understanding	Explain the role of key sport organisations in overseeing and delivering sport in the UK
2	Knowledge and Understanding	Describe the sporting context within which coaching operates
3	Intellectual, practical, affective and transferrable skills	Discuss how academic theory and pedagogic techniques influence the coaching process

8a. Module Occurrence to which this MDF Refers				
Year	Occurrence	Period	Location	Mode of Delivery
2025/6	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	20	1-3	10 X 2 hour lectures
Other teacher managed learning	52	1-3	10 X 2 hour practicals, 10 X 2hour seminar, 4 hours of presentation assessment
Student managed learning	228	1-3	Production of assessments and self-directed background reading for learning sessions
TOTAL:	300		

9. Assessment for the above Module Occurrence					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Coursework	1-2	30 (%)	Fine Grade	30 (%)
Computer based assessments (multiple choice tests) (1800 word equiv.)					

Assessment components for Element 010			
Component No.	Assessment Title	Submission Method	Components needed for Mark Calculation?
010/1	Computer Based Assessment 1	Scheduled Activity: Timetabled assessment task	Best 4 out of 5. All components used in calculation are equally weighted
010/2	Computer Based Assessment 2	Scheduled Activity: Timetabled assessment task	
010/3	Computer Based Assessment 3	Scheduled Activity: Timetabled assessment task	
010/4	Computer Based Assessment 4	Scheduled Activity: Timetabled assessment task	
010/5	Computer Based Assessment 5	Scheduled Activity: Timetabled assessment task	

Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
011	Coursework	2-3	70 (%)	Fine Grade	30 (%)

**A portfolio of coursework including an essay and presentation (4200 word equiv.)**

Assessment components for Element 011				
Component No.	Assessment Title	Submission Method	Weighting (%)	Components needed for Mark Calculation?
011/1	Essay	Canvas	70 (%)	All
011/2	Group Presentation	Canvas	30 (%)	

**In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7\*).**

**In addition, students are required to:**

**(a) achieve the qualifying mark for each element of fine graded assessment as specified above**

**(b) pass any pass/fail elements**

**[\* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]**