

Module code: MOD007158	Version: 5 Date Amended: 27/Jul/2022
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1. Module Title
Practical Delivery of Sport and Physical Education

2a. Module Leader
Verity Allen

2b. School
School of Psychology, Sport and Sensory Sciences

2c. Faculty
Faculty of Science and Engineering

3a. Level
4

3b. Module Type
Standard (fine graded)

4a. Credits
30

4b. Study Hours
300

5. Restrictions			
Type	Module Code	Module Name	Condition
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
Courses to which this module is restricted:	Sport Coaching and PE; Sport and Exercise Science, Strength and Conditioning with rehabilitation		

LEARNING, TEACHING AND ASSESSMENT INFORMATION

6a. Module Description

Practitioners such as coaches, teachers and instructors facilitate quality experiences in sport and physical activity. This module will develop and apply the key theoretical and practical concepts that underpin effective delivery in contemporary sport and exercise contexts. By the end of the module, you will have developed an understanding of the teaching and coaching process including key areas such as the roles, techniques, and planning skills required to provide an educational experience in sport. You will begin to assess the quality of your own and others' coaching/teaching delivery, in relation to adherence to professional codes of conduct, awareness of health and safety issues and understanding of how a session should progress. The skills of coaching and teaching physical education will be compared and considered, through by experiencing practice and evaluating the use of various communication and organisational skills such as time management, feedback and problem solving. The techniques used to deliver a successful sport or physical education session will be taught using an integrated approach that includes practical delivery together with linked lectures, seminars and reading groups. The module will help develop key transferable and employable skills in communication, organisation and analysis of practice in sport and physical activity. This module will be of particular interest for those who want to further their applied understanding of the interdisciplinary nature of coaching and teaching.

6b. Outline Content

- Application of the teaching / coaching process
- Principles of session delivery in sport and physical activity, and practical application
- Developing understanding of Physical Education and the national curriculum
- Skills and techniques of successful practical delivery
- Safeguarding
- Focus on fundamental movement

6c. Key Texts/Literature

The reading list to support this module is available at: <https://readinglists.aru.ac.uk/>

6d. Specialist Learning Resources

Sports hall

7. Learning Outcomes (threshold standards)		
No.	Type	On successful completion of this module the student will be expected to be able to:
1	Knowledge and Understanding	Plan and assist sport or physical education sessions taking into account the needs of the particular group, whilst demonstrating effective communication skills
2	Knowledge and Understanding	Develop professional leadership skills through practical delivery competencies
3	Intellectual, practical, affective and transferrable skills	Apply academic theory to practical experiences in sport and physical education

8a. Module Occurrence to which this MDF Refers				
Year	Occurrence	Period	Location	Mode of Delivery
2025/6	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	22	1-3	11 X 2 hour lectures
Other teacher managed learning	50	1-3	6 hours Practical assessment, 11 X 2 hour practicals, 11 X 2hour seminar
Student managed learning	228	1-3	Production of assessments and self-directed background reading for learning sessions
TOTAL:	300		

9. Assessment for the above Module Occurrence					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Practical	3	30 (%)	Fine Grade	30 (%)
5 multiple choice tests delivered, as a take home assessment outside of a learning session, focusing on assigned reading and lecture material. The best 4 will count towards the final grade. (1500 words equivalent)					

Assessment components for Element 010			
Component No.	Assessment Title	Submission Method	Components needed for Mark Calculation?
010/1	Multiple choice test 1	Scheduled Activity: Timetabled assessment task	Best 4 out of 5. All components used in calculation are equally weighted
010/2	Multiple choice test 2	Scheduled Activity: Timetabled assessment task	
010/3	Multiple choice test 3	Scheduled Activity: Timetabled assessment task	
010/4	Multiple choice test 4	Scheduled Activity: Timetabled assessment task	
010/5	Multiple choice test 5	Scheduled Activity: Timetabled assessment task	

Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
011	Coursework	1-3	40 (%)	Fine Grade	30 (%)

Individual and group session plans (2500 word equivalent)

Assessment components for Element 011				
Component No.	Assessment Title	Submission Method	Weighting (%)	Components needed for Mark Calculation?
011/1	Individual session plans	Canvas	37 (%)	All
011/2	Group session plan	Canvas	63 (%)	

Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
012	Coursework	1-3	30 (%)	Fine Grade	30 (%)

Reflection on delivery. (1,500 word equivalent)

In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*).

In addition, students are required to:

(a) achieve the qualifying mark for each element of fine graded assessment as specified above

(b) pass any pass/fail elements

[* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]