Module Definition Form (MDF)

Module code: MOD008113	**Version:** 4 **Date Amended:** 26/Oct/2023

1. Module Title
Psychology

2a. Module Leader
Hazel Midgett

2b. School
SE: ARU College

2c. Faculty
Faculty of Science and Engineering

3a. Level
3

3b. Module Type
Standard (fine graded)

4a. Credits
15

4b. Study Hours
150

5. Restrictions

Type	Module Code	Module Name	Condition
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
Courses to which this module is restricted:			

LEARNING, TEACHING AND ASSESSMENT INFORMATION

6a. Module Description

This module aims to introduce you to psychology. You will learn about the main psychological approaches (cognitive and behavioural; psychodynamic; developmental, social and biological) which will be discussed in relation to current psychological theory. Current and real-world applications of these approaches will also be discussed. You will also be given an introduction to psychopathology through the discussion of mental health disorders.

In addition to the approaches, discussion of the mind/brain separation will also be introduced to you via the psychological topics to provide students with knowledge of psychology as a humanities subject.

Research methods and psychology as a social science will also be covered which will provide you with an understanding of psychological research.

6b. Outline Content

Psychological approaches (cognitive and behavioural; psychodynamic; developmental, social and biological)

Sport psychology

Psychopathology (Mental Health)

Psychological Topics chosen from (Biological rhythms and sleep, Perception, Gender, Aggression, Eating Behaviours, Intelligence and Learning, or Cognition and Development).

Psychology in action (application of Psychology)

Research Methods

6c. Key Texts/Literature

The reading list to support this module is available at: https://readinglists.aru.ac.uk/

6d. Specialist Learning Resources

None

7. Learning Outcomes (threshold standards)		
No.	**Type**	**On successful completion of this module the student will be expected to be able to:**
1	Knowledge and Understanding	Define, describe and explain the basic approaches used in Psychology and areas of psychopathology based on the approaches.
2	Knowledge and Understanding	Demonstrate an understanding of Psychology as a science and how science works in relation to the research methods used in Psychology.
3	Knowledge and Understanding	Describe and explain psychology in action, how we can apply psychology knowledge to current events and common situations.
4	Intellectual, practical, affective and transferrable skills	Develop autonomy, self-evaluation and skills in using a range of learning resources and demonstrate skills in retrieving peer reviewed scientific information and the use of citation and referencing in reports.

8a. Module Occurrence to which this MDF Refers				
Year	**Occurrence**	**Period**	**Location**	**Mode of Delivery**
2026/7	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	**Hours**	**Learning Outcomes**	**Details of Duration, frequency and other comments**
Lectures	0	NA	NA
Other teacher managed learning	48	1-4	4 hours per week x 12 teaching weeks
Student managed learning	102	1-4	Pre and post session preparation, reading and research. Other tasks as detailed in the module guide
TOTAL:	150		

9. Assessment for the above Module Occurrence

The assessment for some modules includes a presentation (see below for details on how this particular module is assessed). We recognise that presenting, especially to a large group, can cause significant anxiety or distress for some students. If this may affect you, please contact your Module Leader or the Disability and Neurodiversity Service as early as possible. We will work with you to consider appropriate reasonable adjustments. Depending on your individual needs, these might include, for example, presenting to a smaller group or presenting only to a member of academic staff.

Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Coursework	1 2 3 4	30 (%)	Fine Grade	30 (%)
Research Report part 1 (up to 1500 words)					
Assessment No.	**Assessment Method**	**Learning Outcomes**	**Weighting (%)**	**Fine Grade or Pass/Fail**	**Qualifying Mark (%)**
011	Coursework	1 2 3 4	70 (%)	Fine Grade	30 (%)
Research Report part 2 (up to 1500 words)					

In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*).

In addition, students are required to:
(a) achieve the qualifying mark for each element of fine graded assessment as specified above
(b) pass any pass/fail elements

[* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]