

Module code: MOD010472	Version: 2 Date Amended: 05/May/2026
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1. Module Title
Learning to Learn

2a. Module Leader
Lucyna Mazur

2b. School
AHESS: ARU College

2c. Faculty
Faculty of Arts, Humanities, Education and Social Sciences

3a. Level
3

3b. Module Type
Standard (fine graded)

4a. Credits
30

4b. Study Hours
300

5. Restrictions			
Type	Module Code	Module Name	Condition
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
Courses to which this module is restricted:			

LEARNING, TEACHING AND ASSESSMENT INFORMATION

6a. Module Description

This module is designed to build on your academic learning, together with life and employability skills, ensuring you reach your full potential through a clear understanding of Higher Education expectations.

Alongside developing your skills in communication and academic writing you will explore your best strategies for learning, develop skills in team building, cooperation and resilience and know how these will support your further studies and employability.

This module works in partnership with ARU Personal and professional Development (PPD) Pulse, to support your personal and professional development throughout your four years

The module is informed by 16 Student Standards that will evidence your preparation for undergraduate study.

It will ensure you have a confident understanding of the institutional culture, practices, norms and expectations of UK higher education together with personal skills in resilience, teamwork and an understanding of the responsibilities of belonging to a higher educational establishment.

The module aims to ensure you develop:

- Academic Communication
- Effective resilient learning skills
- Career and Life-building skills

Learning to Learn is benchmarked to the Common European Framework of Reference for Language Learning. Standards 1-7 have clear referencing to the benchmarking within the standard. Your final submission will demonstrate competence in each of the four skills of academic reading, writing, speaking, and listening and are included to confirm that you meet the appropriate exit threshold in English language proficiency.

6b. Outline Content

Academic writing conventions

Academic integrity

Reading techniques

Research

The positive use of AI in higher education

Societal and ethical perspectives around social media

Use of industry standard office productivity software

Privacy and user tracking

Data analysis – formatting and analysing

Teamwork

Presentations and interviews – planning and delivery

Seminars

Listening and note taking

Belonging

Challenge

Resilience

Resolve

6c. Key Texts/Literature

The reading list to support this module is available at: <https://readinglists.aru.ac.uk/>

6d. Specialist Learning Resources

N/A

7. Learning Outcomes (threshold standards)

No.	Type	On successful completion of this module the student will be expected to be able to:
1	Knowledge and Understanding	Demonstrate an understanding of clear academic communication
2	Intellectual, practical, affective and transferrable skills	Apply and demonstrate effective academic resilient learning skills.
3	Intellectual, practical, affective and transferrable skills	Initiate their own professional development and understand and apply employability skills

8a. Module Occurrence to which this MDF Refers				
Year	Occurrence	Period	Location	Mode of Delivery
2026/7	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	0	None	None
Other teacher managed learning	96	1-3	4x teaching hours per week x 24
Student managed learning	204	1-3	8.5 hours of independent study.
TOTAL:	300		

9. Assessment for the above Module Occurrence					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Coursework	1-4	50 (%)	Fine Grade	30 (%)
In Class Presentation 4-6 minutes 1500 word equivalent					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
011	Coursework	1-4	50 (%)	Fine Grade	30 (%)
Written Report 1000 words					

In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*).

In addition, students are required to:

- (a) achieve the qualifying mark for each element of fine graded assessment as specified above
- (b) pass any pass/fail elements

[* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]