

Module code: MOD010607		Version: 1 Date Amended: 24/Sep/2024	
1. Module Title			
Osteopathy I: Foundation			
2a. Module Leader			
Fiona Hamilton			
2b. School			
School of Allied Health and Social Care			
2c. Faculty			
Faculty of Health, Medicine and Social Care			
3a. Level			
4			
3b. Module Type			
Theory and practice (fine graded)			
4a. Credits			
30			
4b. Study Hours			
300			
5. Restrictions			
Type	Module Code	Module Name	Condition
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
Courses to which this module is restricted:	BOst (Hons) / MOst Osteopathy		

LEARNING, TEACHING AND ASSESSMENT INFORMATION

6a. Module Description

This module is the first of a series of four that introduce and embed the traditional principles and concepts of osteopathic practice, set in a contemporary evidence informed approach. Practical skill development (including palpation) is initiated with an emphasis on practitioner safety and the sensitive care of the patient and the development of critical self-awareness. This module acts as a focus for the integration of the theoretical knowledge of anatomy and physiology, as well as providing a framework for the continuing integration of knowledge and skills through student self-directed learning within a clinical context.

6b. Outline Content

A brief introduction to the history and origins of osteopathy and its development as a profession. Basic, central concepts of osteopathic philosophy and practice, including frameworks for clinical reasoning. The concept of the 'therapeutic relationship' in osteopathic care, and its implications in class and clinic (including matters of consent and confidentiality). Propositional, procedural and psychomotor knowledge of osteopathic evaluation at the level of a novice practitioner (requiring underpinning anatomical and physiological knowledge); concepts of 'active observation' (looking for things) and 'passive observation' (seeing what's there) as two different approaches to patient evaluation; basic static observation and palpation; active gross movements (including palpation); passive range of movements (including palpation). Recording and interpretation of the above, including non-verbal cues and feedback from the patient. Propositional, procedural and psychomotor knowledge of osteopathic technique (including indications and contra-indications, and knowledge of relevant biomechanics) (including patient handling and care of self) - effective soft tissue techniques in all positions; longitudinal, cross fibre, inhibition, effleurage; and passive articulation in all physiological ranges, noticing amplitude, quality, end feel, contact points and tissue changes.

6c. Key Texts/Literature

The reading list to support this module is available at: <https://readinglists.aru.ac.uk/>

6d. Specialist Learning Resources

Tutors & assistants who are trained osteopaths. Practical labs with plinths.

7. Learning Outcomes (threshold standards)		
No.	Type	On successful completion of this module the student will be expected to be able to:
1	Knowledge and Understanding	Describe the principles and philosophy of osteopathy, and its development as a statutory regulated profession.
2	Knowledge and Understanding	Identify osteopathic and medical concepts and describe, at a novice level, their relevance to osteopathic evaluation and intervention.
3	Knowledge and Understanding	Discuss the scope and limitations of osteopathic practice and professionalism commensurate with an early novice practitioner.
4	Intellectual, practical, affective and transferrable skills	Engage in basic observation and palpation, and identify and translate findings into a written record incorporating relevant details from the following: (1) Observation of the patient in the standing position, (2) Static palpation of the patient in all positions, (3) Active gross movements of the subject, (4) Passive gross movements of the subject.
5	Intellectual, practical, affective and transferrable skills	Demonstrate the propositional and procedural knowledge and psychomotor skills of patient handling, articulation, and soft tissue techniques to the level of early novice, including safe, appropriate and sensitive care of and for the patient, and safe and effective care of self while carrying out the above procedures.
6	Intellectual, practical, affective and transferrable skills	Give, receive & respond to feedback in a supportive environment, and start to identify own learning needs and develop own learning goals.

8a. Module Occurrence to which this MDF Refers				
Year	Occurrence	Period	Location	Mode of Delivery
2026/7	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	72	1-6	Tutors must be registered osteopaths, and a maximum ratio of 1:10 tutors to students is required in practical classes.
Other teacher managed learning	0	None	None
Student managed learning	228	1-6	Private Study
TOTAL:	300		

9. Assessment for the above Module Occurrence					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Coursework	1-5	50 (%)	Fine Grade	30 (%)
Coursework assignment 1500 words					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
011	Practical	4-6	50 (%)	Fine Grade	30 (%)
Practical viva 30 mins max.					

In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*). In addition, students are required to: (a) achieve the qualifying mark for each element of fine graded assessment as specified above (b) pass any pass/fail elements [* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]
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