

Module code: MOD010610		Version: 1 Date Amended: 24/Sep/2024	
1. Module Title			
Osteopathy II: Understanding			
2a. Module Leader			
SIMON CHAFER			
2b. School			
School of Allied Health and Social Care			
2c. Faculty			
Faculty of Health, Medicine and Social Care			
3a. Level			
4			
3b. Module Type			
Theory and practice (fine graded)			
4a. Credits			
30			
4b. Study Hours			
300			
5. Restrictions			
Type	Module Code	Module Name	Condition
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
Courses to which this module is restricted:	BOst (Hons) / MOst Osteopathy		

LEARNING, TEACHING AND ASSESSMENT INFORMATION

6a. Module Description

This module continues the osteopathic learning journey, moving from novice to advanced beginner in skill development. It will extend knowledge underpinning evaluation and diagnosis by expanding case history taking and exploring models of clinical reasoning and osteopathic concepts. The module aims to broaden your appreciation of a growing professional identity as an osteopath, reflecting your values and beliefs, and setting this within the wider healthcare context.

6b. Outline Content

Exploration of professional identity in relation to developing critical self-awareness of personal beliefs attitudes, knowledge, capabilities and limitations.

Patient-practitioner relationships. Communication as a therapeutic medium.

Osteopathic diagnosis - from case history taking, through an osteopathic examination including segmental testing, and relevant orthopaedic special tests, to clinical reasoning - to the level congruent with an advanced beginner. Justifications and rationale for evaluations also draw on applied biomechanics, and basic pathophysiology of the clinical syndrome in the context of altered structure and function sufficient to ground the student in the relevance of specific special tests. Management of basic soft-tissue injuries. Propositional, procedural and psychomotor knowledge of osteopathic technique (including indications and contra-indications, and knowledge of relevant biomechanics) to the level of advanced beginner:

- patient handling and care of self
- soft tissue, articulatory and muscle energy techniques

Critique of medical, osteopathic and other contemporary health care approaches related to specific evaluative assumptions, concepts and practices.

The bio-psycho-social approach to health care.

6c. Key Texts/Literature

The reading list to support this module is available at: <https://readinglists.aru.ac.uk/>

6d. Specialist Learning Resources

Tutors & assistants who are trained osteopaths. Practical labs with plinths.

7. Learning Outcomes (threshold standards)		
No.	Type	On successful completion of this module the student will be expected to be able to:
1	Knowledge and Understanding	Explain the principles and philosophy of osteopathy, including its scope and limitations, and compare with those of selected other healthcare paradigms.
2	Knowledge and Understanding	Demonstrate an understanding of the bio-psycho-social approach to health care and be able to draw on various models of clinical reasoning.
3	Intellectual, practical, affective and transferrable skills	Engage in osteopathic evaluation (verbal & non-verbal), and identify and translate findings into a written record incorporating relevant details from the following: case history taking (presenting complaint only), observation, static palpation, active movements, passive movements, special tests.
4	Intellectual, practical, affective and transferrable skills	Demonstrate the basic propositional and procedural knowledge and psychomotor skills of patient handling, articulation, and soft tissue techniques and muscle energy techniques to the level of advanced beginner.
5	Intellectual, practical, affective and transferrable skills	Demonstrate safe, appropriate and sensitive care of and for the patient, and safe and effective care of self while carrying out the above procedures.
6	Intellectual, practical, affective and transferrable skills	Give, receive & respond to feedback in a supportive environment, and identify own learning needs and develop own learning goals, acknowledging critical self-awareness of personal beliefs, attitudes, knowledge, capabilities and limitations.

8a. Module Occurrence to which this MDF Refers				
Year	Occurrence	Period	Location	Mode of Delivery
2026/7	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	72	1-6	72 hrs in 3 hr sessions over two semesters
Other teacher managed learning	0	None	None
Student managed learning	228	1-6	228 hrs, divided between theory & practice
TOTAL:	300		

9. Assessment for the above Module Occurrence					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Examination	1-5	50 (%)	Fine Grade	30 (%)
Exam (1.5hrs)					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
011	Practical	4-6	50 (%)	Fine Grade	30 (%)
Practical 30 mins max					

In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*).

In addition, students are required to:

- (a) achieve the qualifying mark for each element of fine graded assessment as specified above
- (b) pass any pass/fail elements

[* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]