



## Module Definition Form (MDF)

<b>Module code: MOD010687</b>	<b>Version: 1 Date Amended: 19/Feb/2025</b>
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<b>1. Module Title</b>
From Performance to Therapy: Arts Therapies In Action

<b>2a. Module Leader</b>
Claire Molyneux

<b>2b. School</b>
Cambridge School of the Creative Industries

<b>2c. Faculty</b>
Faculty of Arts, Humanities, Education and Social Sciences

<b>3a. Level</b>
5

<b>3b. Module Type</b>
Standard (fine graded)

<b>4a. Credits</b>
15

<b>4b. Study Hours</b>
150

<b>5. Restrictions</b>			
Type	Module Code	Module Name	Condition
Pre-requisites:	None		
Co-requisites:	None		
Exclusions:	None		
<b>Courses to which this module is restricted:</b>	None		

## LEARNING, TEACHING AND ASSESSMENT INFORMATION

6a. Module Description
<p>The arts are applied in diverse ways and diverse settings to support human flourishing. Arts therapies (dramatherapy, music therapy and art therapy) sit at one end of a continuum which includes community music, applied theatre and theatre in education through to the use of the arts for performance. Arts therapies in the UK are regulated by the Health and Care Professions Council. Art Therapy, Dramatherapy and Music Therapy are protected titles. Post-graduate training in these disciplines leads to registration with the HCPC.</p> <p>This module will give you an introduction to the arts therapies. You will gain an understanding of how arts therapies are used in practice, across different settings and with people with diverse needs across the lifespan. There will be an overview of the pathway to training and career possibilities for qualified arts therapists. The module will introduce you to a range of tools, activities and approaches that are suitable for use by non-registered musicians, theatre practitioners and artists in health, education, wellbeing and community settings.</p>

6b. Outline Content
<ul style="list-style-type: none"><li>• Introduction to concepts of human flourishing, health and wellbeing.</li><li>• Overview of the use of the arts in human flourishing, health and wellbeing.</li><li>• Introduction to the arts therapists, HCPC regulation, training and practice.</li><li>• Knowledge and practical experience of tools, activities and approaches suitable for non-registered musicians, theatre practitioners and artists.</li></ul>

6c. Key Texts/Literature
The reading list to support this module is available at: <a href="https://readinglists.aru.ac.uk/">https://readinglists.aru.ac.uk/</a>

6d. Specialist Learning Resources
N/A

7. Learning Outcomes (threshold standards)		
No.	Type	On successful completion of this module the student will be expected to be able to:
	1	Demonstrate understanding of the role of arts therapies and arts therapists.
2	Knowledge and Understanding	Understand the range of applications of the arts from performance through to therapy.
3	Intellectual, practical, affective and transferrable skills	Examine and appraise the impact of different applications of the arts for human flourishing.
4	Intellectual, practical, affective and transferrable skills	Design and reflect on suitable applications of the arts in health, wellbeing and community settings.

8a. Module Occurrence to which this MDF Refers				
Year	Occurrence	Period	Location	Mode of Delivery
2025/6	ZZF	Template For Face To Face Learning Delivery		Face to Face

8b. Learning Activities for the above Module Occurrence			
Learning Activities	Hours	Learning Outcomes	Details of Duration, frequency and other comments
Lectures	12	1-4	12 x 1-hour lectures
Other teacher managed learning	12	1-4	12 x 1-hour tutorials/practical workshops
Student managed learning	126	1-4	Independent study and collaborative practice
TOTAL:	150		

9. Assessment for the above Module Occurrence					
Assessment No.	Assessment Method	Learning Outcomes	Weighting (%)	Fine Grade or Pass/Fail	Qualifying Mark (%)
010	Coursework	1-4	100 (%)	Fine Grade	30 (%)
<b>Portfolio of evidence (3,000 word equivalent)</b>					

**In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7\*).**

**In addition, students are required to:**

**(a) achieve the qualifying mark for each element of fine graded assessment as specified above**

**(b) pass any pass/fail elements**

**[\* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]**