# Module Definition Form (MDF)

| **Module code: MOD011110** | **Version:** 1 **Date Amended:** 02/Jun/2025 |
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| **1. Module Title** |
|---|
| Undergraduate Major Project |

| **2a. Module Leader** |
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| Andi Seago |

| **2b. School** |
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| Faculty of Health, Education and Social Care at ARU Peterborough |

| **2c. Faculty** |
|---|
| ARU Peterborough |

| **3a. Level** |
|---|
| 6 |

| **3b. Module Type** |
|---|
| Project or dissertation (fine graded) |

| **4a. Credits** |
|---|
| 30 |

| **4b. Study Hours** |
|---|
| 300 |

**5. Restrictions**

| **Type** | **Module Code** | **Module Name** | **Condition** |
|---|---|---|---|
| Pre-requisites: | None | | |
| Co-requisites: | None | | |
| Exclusions: | None | | |
| **Courses to which this module is restricted:** | None | | |

## LEARNING, TEACHING AND ASSESSMENT INFORMATION

### 6a. Module Description

The Undergraduate Major Project module provides you with the opportunity to develop, conceptualise, execute, analyse and reflect upon your own research project.

This module allows you to draw on the skills acquired at level 4 and 5 to conduct a substantial piece of independent research focused on a topic relevant to the exercise and health science fields. This offers you the opportunity to engage in real-world research, identify and formulate problems, develop a clear rationale and investigate and adopt suitable methodologies to answer these problems.

You will determine and apply ethical standards, undertake an in-depth review of the literature, develop a series of testable hypotheses and research questions derived from the review and design and conduct a study in order to address these. Projects will be assessed for suitability by supervisors to ensure sufficient academic challenge.

Upon completion of the data collection you will analyse, evaluate and discuss findings in the context of the literature, using critical reflection whilst presenting the project in an appropriately scientific format. The module is supported by a limited number of taught sessions where project management and development will be addressed. The majority of the module is delivered via one-to-one supervisory sessions. You are responsible for arranging regular meetings with your project supervisor in order that the project can be closely monitored and steered in the right direction.

You will also further enhance employability skills including project design, project management, data handling, independent learning and communication.

### 6b. Outline Content

The specific content will depend very much on the field of study and will be determined in consultation with the allocated supervisors. However, all projects must contain an extensive review of the literature which details a method used for the attainment and dissemination of the findings and includes a review of the research design.

The project must reflect an empirical piece of research, giving credence to ethical and practical considerations and must be written up using an agreed and approved format.

Typical content includes (but is not limited to):

• Identification of a meaningful and relevant question within the relevant course discipline

• Formulation of a research proposal

• Doing ethical research

• Approaches to enquiry and their relationship to knowledge

• Critical engagement with research, scholarship and theory in the chosen area of study.

• Production of a substantial piece of work embedded in the relevant discipline area

• Clear, correct and elegant styles of communication

• Evaluation of the processes and outcomes of the Major Project from the perspective of an autonomous reflective learner.

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## 6c. Key Texts/Literature

The reading list to support this module is available at: https://readinglists.aru.ac.uk/

## 6d. Specialist Learning Resources

None

| 7. Learning Outcomes (threshold standards) | | |
|---|---|---|
| **No.** | **Type** | **On successful completion of this module the student will be expected to be able to:** |
| 1 | Knowledge and Understanding | Collect, manage and interpret information from a range of quality resources, with minimal supervision. |
| 2 | Knowledge and Understanding | Identify, apply and justify the use of appropriate methodologies in line with current ethical procedures to collect data suitable for an undergraduate project |
| 3 | Knowledge and Understanding | Critically discuss advanced academic theory in context research findings. |
| 4 | Intellectual, practical, affective and transferrable skills | Work autonomously and with creativity to set deadlines. |
| 5 | Intellectual, practical, affective and transferrable skills | Critically evaluate results and support conclusions using quality resources. |
| 6 | Intellectual, practical, affective and transferrable skills | Communicate the research findings in an effective manner that is appropriate for the audience. |

| 8a. Module Occurrence to which this MDF Refers | | | | |
|---|---|---|---|---|
| **Year** | **Occurrence** | **Period** | **Location** | **Mode of Delivery** |
| 2025/6 | ZZF | Template For Face To Face Learning Delivery | | Face to Face |

| 8b. Learning Activities for the above Module Occurrence | | | |
|---|---|---|---|
| **Learning Activities** | **Hours** | **Learning Outcomes** | **Details of Duration, frequency and other comments** |
| Lectures | 12 | 1-6 | 3 x 4hr lectures. Weeks 1 - 3 |
| Other teacher managed learning | 12 | 1-6 | Individual and small group supervision minimum of 4 hours 12 hours may be offered as group support over two trimesters. |
| Student managed learning | 276 | 1-6 | Including the obligation to maintain regular contact with the supervising tutor. |
| TOTAL: | 300 | | |

| 9. Assessment for the above Module Occurrence | | | | | |
|---|---|---|---|---|---|
| **Assessment No.** | **Assessment Method** | **Learning Outcomes** | **Weighting (%)** | **Fine Grade or Pass/Fail** | **Qualifying Mark (%)** |
| 010 | Practical | 1-6 | 10 (%) | Fine Grade | 30 (%) |
| **10 minutes on findings and reflection for progression (1000 words equivalent)** | | | | | |
| **Assessment No.** | **Assessment Method** | **Learning Outcomes** | **Weighting (%)** | **Fine Grade or Pass/Fail** | **Qualifying Mark (%)** |
| 011 | Coursework | 1-6 | 90 (%) | Fine Grade | 30 (%) |
| **Undergraduate Major Project Dissertation including poster presentation (9000 words equivalent)** | | | | | |

**In order to pass this module, students are required to achieve an overall mark of 40% (for modules at levels 3, 4, 5 and 6) or 50% (for modules at level 7*).**

**In addition, students are required to:**
**(a) achieve the qualifying mark for each element of fine graded assessment as specified above**
**(b) pass any pass/fail elements**

**[* the pass mark of 50% applies for all module occurrences from the academic year 2024/25 – see Section 3a of this MDF to check the level of the module and Section 8a of this MDF to check the academic year]**